



## **A CALL TO COLLABORATE IN A TIME OF UNCERTAINTY, STRESS AND ANXIETY**

Hello I'm Avigail Berg-Panitz, social entrepreneur, wellness expert and owner of TheSoundWell - [www.vibro-therapy.com](http://www.vibro-therapy.com)

We produce special mats, pillows and harmonic stuffed animals that when you hug them, or lie on them, you feel as if you are being hugged from within while gentle sonic waves rinse your bodymind and you sink into serenity very easily. **After a session, you feel less stress, less anxiety or insomnia. You feel a clearer mind, in a better mood, and calmer body.**

Vibroacoustic Therapy originated in Nordic Countries 30 years ago and invented by Olav Skille. It all started when Skille who was playing his bass in front of disabled children and noticed positive relief reaction of deep tissue tension and a better mood. Skille trained me and we produce the mats and pillows based on his recommendations and we are using his original low sound frequencies which are streamed into the equipment from an app in the mobile device.

Vibroacoustic Therapy is defined as wellness integrative modality and self-help tool. It's a sibling to music therapy yet it is generic (not biased or influenced by any culture or psychological modality) and focused on body sensation and not audio. In fact we cherish silence as inner conditions to harmonies body systems and mental systems . [SilentSoundSpace](#)

**I will be happy to collaborate with you in this time of uncertainty, stress and anxiety. We will offer special prices for your clients and partners.**

please view more back ground links:

[what is vibroacoustic therapy](#)

[research group1](#)

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be well and safe

I look forward to talking with you and collaborating in helping people in this tough period.

wellness regards

Avigail Berg-Panitz

CEO & Founder

TheSoundWell

A handwritten signature in black ink, appearing to read "Avigail", with a horizontal line underneath.



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